



# PATHWAYS

## Community Health and Wellness

Community Health and Wellness programs are vital to First Nations communities. Together they provide strength for communities to grow and flourish.

Today, it is more important than ever for the community health and wellness leaders and practitioners to show the results of their dedication and hard work, while learning more about the communities in which they operate.

Pathways Community Health and Wellness provides a comprehensive First Nations focused solution for community health and wellness and tracking the holistic delivery of services to clients.



### Community Health

The community health module in Pathways provides the tools needed to support and track services through the various stages of life for clients. These tools enable communities to track the important community health information needed to keep clients healthy.

Sub modules for community health include:

- Maternal, Prenatal, Postnatal and Newborn Health
- Infant, Toddler and Pre-School Health
- School Health
- Adult Health
- Health Education
- Immunization

### Community Health Reports

Pathways provides the following community health reports. These reports provide statistical information for workers to use in their daily activities. These reports also provide program managers and community leaders insight into the health trends of their community.

- Immunizations statistics
- Infant feeding statistics
- Prenatal statistics
- Post natal statistics
- FASD statistics
- Tuberculin testing statistics

### Community Health Assessments

One of the most important aspects of managing community health is through the assessment of the clients. Assessments enable the measurement of outcomes.

Pathways provides a comprehensive set of assessment tools focused on First Nations community health. These assessments allow workers to record how each person is progressing, over time, and how the program is serving its clients.

Pathways offers flexible assessment features enabling program managers and clinicians to tailor survey contents and how these are measured to their needs.

Examples of off-the-shelf assessments include:

- Pre-Natal, Risk Scoring, nutritional profile and substance abuse assessments
- Infant Initial Assessment
- Infant/Toddler/Pre-School Assessment
- School assessment
- Infant feeding assessment
- Post-Natal Depression Scale (EPDS)
- Child Developmental Screen
- Chronic Conditions/Elderly Flow sheet

For more information or a demo please contact us at  
**1-866-285-8885**

[www.pathwaysfirst.com](http://www.pathwaysfirst.com)



## Wellness Programs

Holistic care places a high level of importance on mental and spiritual wellbeing of the community members. With Pathways community program managers and leaders can track a wide variety of wellness program outcomes, both at the individual and program levels.

Pathways provides the tracking and reporting tools for programs such as:

- Mental health
- Counseling programs (person, family, group)
- Cultural programs
- Community education workshops
- Sexual abuse, sexual assaults and violence victim support
- Offender support (alternatives to incarceration and support to probation services)
- Residential School Support Groups

For these programs, the following functionality will enable workers to track their daily activities for clients, cases and the services:

- Intake/Referral Information
- Assessments
- Ongoing individual therapy and counseling
- Group Administration – administration of and referral to groups offered
- Community Education Workshops
- Critical Incident Stress Debriefing and Post-Traumatic Stress
- Disorders services (both for individuals and groups)

There is also a need to consider the wider interactions necessary for the delivery of such services

- Transportation
- Referrals to other organizations
- Coordinated service provision

### Sohema and Pathways Modules

This is the full list of Sohema and Pathways modules available:

- Community health
- Wellness and mental health
- Child and Family Services
- Child Protection
- Native Justice
- Student Management
- Adoptions management
- Third party liability recovery
- Medicaid cost avoidance
- Medicaid Disability Case Preparation

## General Case Management

To meet the fundamental case management needs for community health and wellness Pathways provides a core set of case management functionality that forms the base for all programs. The Pathways suite of tools enables practitioners and frontline workers to manage client data and cases and plan the services required for clients effectively.

General case management functions include the following:

- Referral and Intake: collection of important referral and intake details
- Screening and Assessment: First Nations focused screening and assessment tools for youth and adults
- Session and Case Notes: To centralise service delivery notes
- Service Planning: establishing client goals to guide the services delivered
- Case Participants: To keep track of other members, their roles and contributions
- Tasks and Notifications: To facilitate more efficient work flow
- Document Log: To keep all case related documents in one place
- External and Internal Referrals: track other stakeholder activities
- Form letters: to enable effective written communications

## Reporting

Pathways provides off-the-shelf and tailored reports to help case managers, program managers and directors achieve their respective objectives. Report examples include:

- Case notes
- Case plan progress
- Case face sheet
- Referrals
- Case Load reports by Case Type and User
- Population Demographics
- Service Delivery Summary
- Group Sessions reports
- Person Alerts
- Case Alerts
- Goal outcomes
- Survey reports

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